

**BENEO-Institute shares expertise and latest findings on functional carbohydrates**  
*International experts will give an overview on the diversity of carbohydrates in human nutrition within the 11<sup>th</sup> Asian Congress of Nutrition, Singapore*

**Mannheim/Germany, June 2011** – The BENE0-Institute will be hosting the symposium “Nutritional Quality of Carbohydrates” on the first day within the 11<sup>th</sup> Asian Congress of Nutrition, 13-16 July in Singapore. Chaired by Professor Jeya Henry, Oxford Brookes University, UK, the session will be giving insights into the characteristics and physiological benefits carbohydrates including dietary fibers can have on human health in different ages as well as an international regulatory update on status and claims. It takes place on Wednesday, July 13<sup>th</sup> 10.30am till 1.00pm.

International experts sharing their knowledge on carbohydrates for a lifelong balanced and healthy nutrition are besides others Professor Ismail Noo, University Kebangsaan Malaysia, Malaysia, Dr. Ruth Chan, Chinese University of Hong Kong, China, and Professor Rob Rastall, University of Reading, UK. Their focus will be on weight management in Asia, how carbohydrates may contribute and which relevant health benefits prebiotics provide respectively. Furthermore, members of the BENE0-Institute will be talking about the diversity of carbohydrates and their digestibility, recent findings in terms of prebiotics and low-glycaemic carbohydrates as well as the current regulatory status.

Anke Sentko, Vice President Regulatory Affairs and Nutrition Communication, BENE0: “The Asian Congress of Nutrition is a perfect opportunity to share and exchange knowledge with an international and experienced audience. We are therefore delighted to host the symposium “Nutritional Quality of Carbohydrates”. In particular we are happy that international recognized experts come together spending their valuable time to realize such a multifaceted program on carbohydrates.”

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**The BENE0-Institute** is an organisation which brings together BENE0’s expertise from Nutrition Science, Nutrition Communication and Regulatory Affairs teams. It acts as an advisory body for

customers and partners reaching from ingredient approval, physiological effects and nutritional composition to communication and labelling. The key nutritional topics that form the basis of the **BENEО-Institute's** work include weight management, digestive health, bone health, physical and mental performance, the effects of a low glycaemic diet in the context of healthy eating and disease prevention, as well as dental health.

The **BENEО-Institute** facilitates access to the latest scientific research and knowledge throughout all nutritional and regulatory topics related to BENEО ingredients. It provides BENEО customers and partners with substantiated guidance for some of the most critical questions in the food industry. BENEО is a division of the Südzucker Group, employs almost 900 people and has production units in Belgium, Chile, Germany and Italy.

[www.BENEО-Institute.com](http://www.BENEО-Institute.com)

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